

PEARLS BEFORE SWINE



NON SEQUITUR

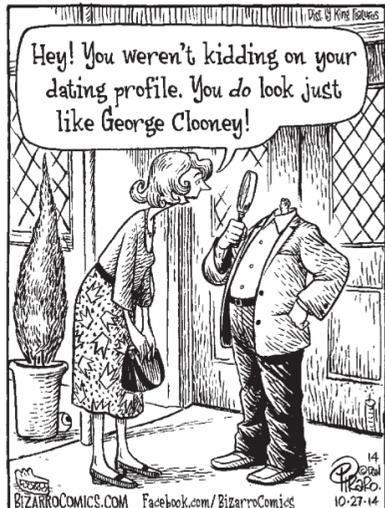


PLUGGERS

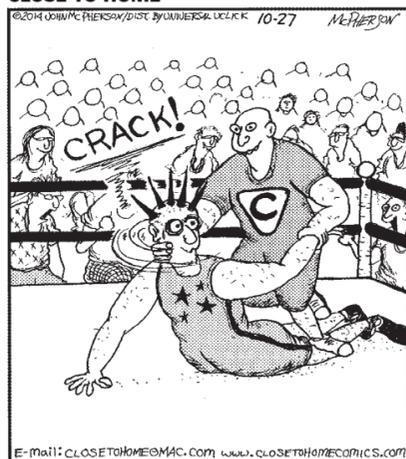


The plugger dining table centerpiece doesn't contain flowers.

BIZARRO



CLOSE TO HOME



Regardless of whether they won or lost, Chiro Man's competitors always left the ring feeling better than when they entered.

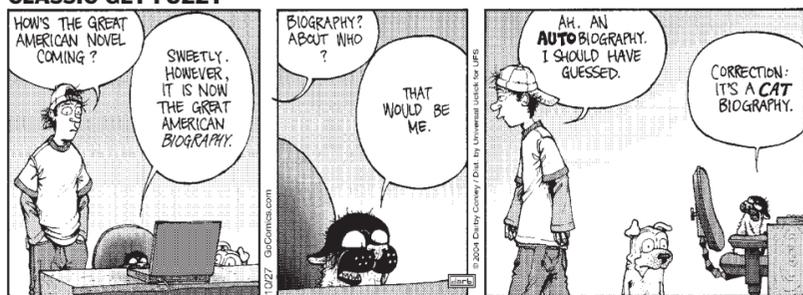
DENNIS THE MENACE



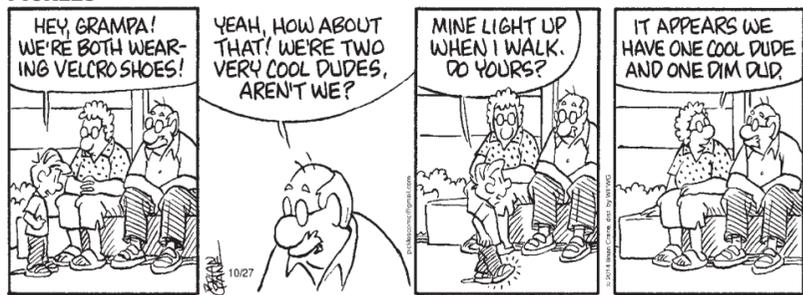
BALDO



CLASSIC GET FUZZY



PICKLES



FIGURATIVELY SPEAKING

By JOHN MACINTYRE
For The Register-Guard

95 Percentage of post-recession growth that has been captured by the richest 1 percent of Americans. 1 (tie), 3 (tie), 5: Ranks of The District of Columbia, New Jersey, Connecticut, Maryland and Massachusetts on the list of the country's richest states.

— Source: WalletHub

CRYPTOQUOTE

AXYDLBAAXR is LONGFELLOW
One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

JXOKXQCABV BC IAX OQI WN
YXIIBPY CWFXPX XJCX IW
KW CWFYIABPY UWM TOPI KWPX
SXZOMCX AX TOPIC IW KW BI.

— KTBYAI K. XBCXPAWTXQ
Saturday's Cryptoquote: I WOULD RATHER SIT ON A PUMPKIN, AND HAVE IT ALL TO MYSELF, THAN BE CROWDED ON A VELVET CUSHION.
— HENRY DAVID THOREAU

DANCE REVIEW

'Cinderella' an exquisite, romantic performance

By GWEN CURRAN
For The Register-Guard

To open its 35th season, Eugene Ballet presented its newest interpretation of the age-old story of "Cinderella" at the Hult Center on Saturday night to an ageless audience. We are all ageless in the world of fairy tale and myth.

"Cinderella" has become the archetypal story of the persecuted heroine who conquers all and finds her dream — with a little help along the way from a fairy godmother, magic and, of course, a handsome prince.

Based on European folk tales, Charles Perrault published "Cinderella" in 1697 and laid the foundation for the fairy tale genre. The classic ballet score was written by Sergei Prokofiev and premiered at the Bolshoi Theatre in 1845 with Galina Ulanova dancing the lead.

This story may be old, but Toni Pimble and the Eugene Ballet Company completely transformed the exquisite dancing, the stunning costumes (adding fascinators or fancy hats worn by posh English women), romantic sets, and the fabulous live sound of Brian McWhorter's Orchestra Next.

Yoshie Oshima was perfect as Cinderella. Her petite frame, fragile romantic air, and exacting technique drew her into our hearts.

Then we have the ugly stepsisters. Beth Maslinoff as Clarinda, and Danielle Tolmie as Brizetta displayed ugly attitudes, tall presences, superb dancing and exquisite comic timing. They almost stole the show. From the first act to the last they had us laughing in the aisles.

Jennifer Martin was ideal as the strict stepmother. Mark Tucker played the dancing master to perfection, fawning over his favorite pupil, Clarinda.

And Victoria Harvey brought a quiet, stately beauty to the role of fairy godmother. All of her solos were refined and elegant. She was a pleasure to watch.

The fairy godmother introduced Cinderella to the Forest Fairies. Soja DeSario was lively as the Spring Fairy. Sara Stockwell and her attendants, Mark Tucker and Reed Souther, were strong, sharp and passionate. The lifts were astonishing, especially the last one, when Sara was lifted up into the splits while Mark carried her offstage with seemingly little effort.

Kaori Fukui, was astoundingly quick and delightful as the Autumn Fairy. She is a most welcome addition to the company.

Suzanne Haag and Mitchell Gill were perfection itself as the Winter Fairies.

Special mention must be made for the Eugene Ballet Academy Aspirants who performed as dragonflies and ballroom dancers, especially Amane Takashi.

The ballroom scenes were choreographed, costumed and danced with royal taste and exciting animation. Prince Charming was danced by Brian Ruiz, who certainly was handsome enough of face and figure to be the prince.

Ruiz is a smooth and technically excellent dancer, but seems to lack the passion a male dancer must exude. However, we look forward to seeing him in future roles.

Of course, in the end, Cinderella had the missing slipper, much to the chagrin of the stepsisters and the stepmother.

We wish Prince Charming and Cinderella a long and romantic life.

Gwen Curran of Eugene reviews dance for The Register-Guard.

THE LAST WORD IN ASTROLOGY

By EUGENIA LAST

Happy Oct. 27 birthday: Let your imagination run wild. Creativity coupled with excellent timing will help you gain ground this year. Don't let the changes going on around you deter your plans. It's important to follow your gut feeling and build the future that will bring you the greatest satisfaction. Your numbers are 3, 13, 19, 21, 23, 35, 48.

Aries (March 21-April 19): Take control and do your thing. You've got what it takes to dazzle your peers and superiors. ★★★★★

Taurus (April 20-May 20): Money-making ventures will pay off if you act fast, but don't go over budget. Keep your deals simple and interesting. A career opportunity will lead to good fortune. Use your charm and know-how to promote a skill you have to offer. ★★

Gemini (May 21-June 20): Focus on happiness and self-improvement. Expand your interests and make your surroundings conducive to pursuing your goals. ★★

Cancer (June 21-July 22): Networking will pay off, so don't sit at home when you should be mingling. ★★

Leo (July 23-Aug. 22): Stick to your plans and use intelligence when dealing with family or your lover. Taking in lighthearted entertainment will broaden your horizons. ★★★★★

Virgo (Aug. 23-Sept. 22): Invest in your skills, your home and your future. Don't be too eager to make a decision or give in to someone else's plans. Stay on course and use your experience to fine-tune your next move. ★★

Libra (Sept. 23-Oct. 22): Speak from the heart and listen to the suggestions offered, but don't act in haste. You have time to mull over the information you gather and shouldn't feel pressured by anyone giving you an ultimatum. A past experience will prove to be a lifesaver. ★★★★★

Scorpio (Oct. 23-Nov. 21): You are on the right track, so don't let anyone convince you otherwise. Keep your dreams intact and your vision clear. Taking a route that is unusual or unorthodox will end up being in your best interest. ★★

Sagittarius (Nov. 22-Dec. 21): You need a pick-me-up. Renovate, redecorate or take a day trip that will help lift your spirits. Make plans to have fun with someone who makes you smile. ★★

Capricorn (Dec. 22-Jan. 19): You will face opposition concerning matters that deal with educational, financial, legal or medical institutions. Ask for any promise in writing. A last-minute change must be handled cautiously. ★★

Aquarius (Jan. 20-Feb. 18): Think before you act. Someone will try to goad you into doing something by not giving you enough time to consider the pros and cons. ★★★★★

Pisces (Feb. 19-March 20): You will come in to money or find a way to raise your income if you are patient and pay attention to the circumstances. Love is in the stars, and a promise made will lead to greater happiness. ★★

Birthday baby: You are engaging, intense and imaginative. You are strong-willed and unpredictable.

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DR. ROACH

Statin side effects intolerable

Dear Dr. Roach: I am an 80-year-old male and weigh 193 pounds. I walk one mile each day and do hard yardwork almost daily.

My problem concerns statin drugs. I had a heart attack in 1993. I have had several angioplasties, one stent and a bypass surgery in 2003. I've been in good health since the surgery. In 1993 I started taking statin drugs with no problem. Starting in early 2013, I've gotten severe diarrhea after taking my statin medication. My doctor has put me on simvastatin, pravastatin, atorvastatin, Crestor and now Zetia in an attempt to stop the diarrhea, and none has worked. Through all of these episodes, I have been off the statins for approximately 80 percent of the time, because I couldn't bear the diarrhea. I also had a colonoscopy, which was normal. My cholesterol has gone up from 107 to 122, with HDL 47 and LDL 54 remaining the same.

It seems strange that after taking the statin drug for 20 years, I would develop this extreme diarrhea problem. All systems work great when I don't take the statin. Do you have any experience with this situation or have any advice for me?

— B.D.

Dear B.D.: It does seem strange to develop the problem after so long, but I can't argue with the evidence as you present it. With statins, I have seen mild diarrhea that usually goes away after a few days. Sometimes taking the statin with the evening meal helps. Using the lowest possible dose also is worth trying.

The only thing I can think of is an old drug, cholestyramine. It was originally developed for high cholesterol but is very useful for many types of diarrhea. If all else fails, you might try adding cholestyramine to the lowest-dose statin at mealtime.

No matter what your cholesterol, if you have blockages in your arteries — especially if you have had a heart attack or surgery — statins can help prevent further blockages and damage.

Unfortunately, some people can't tolerate the side effects of a statin. Zetia is a non-statin medication that hasn't been proven to reduce heart disease risk.

Dr. Roach regrets that he is unable to answer individual letters. Readers should send questions by e-mail to ToYourGoodHealth@med.cornell.edu.

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